

# COUNTING FROM 1 TO 5

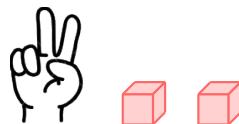
## A WHAT IS COUNTING?

**Discover:** Let's learn to count with our best helpers—our fingers! We use our fingers to wave, play, and hold things. Today, we'll use them to count.

- **Let's start with ONE.** Hold up one finger. This is what the number **1**, called **one**, looks like. It means you have just one of something, like one block.



- **Now let's count to TWO.** Hold up one more finger. Now you have two fingers up! This is what the number **2**, called **two**, looks like. It means you have two things, like two blocks.



- We can keep going all the way to five fingers on one hand!

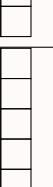
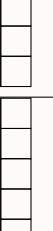
Counting helps us know "how many." If you see 2 apples, you can show it with 2 fingers. Let's practice and become super counters!

### Definition Counting

**Counting** is finding out how many of something you have.

### Definition Numbers 1 to 5

Here are all the ways we can show the numbers from 1 to 5.

Word	Number	Fingers	Blocks	Ten-Frame
one	1			
two	2			
three	3			
four	4			
five	5			

## B HOW TO COUNT OBJECTS

### Method The Steps for Counting

To count a group of objects correctly, follow these steps:

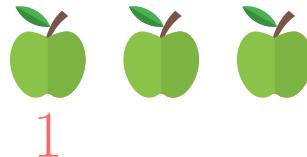
1. Line up the objects or touch each one as you count.
2. Say one number for each object you touch.
3. Say the numbers in the right order (1, 2, 3...).
4. The last number you say is the total number of objects.

**Ex:** Count the number of apples:

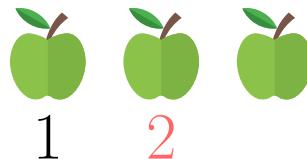


*Answer:* Let's point to each apple and say the numbers in order.

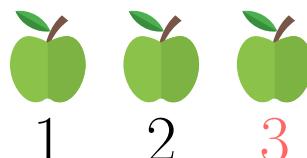
- Touch the first apple and say "1".



- Touch the second apple and say "2".



- Touch the third apple and say "3".



The last number we said was 3. So, there are **3 apples** in total.