A 24-HOUR TIME FORMAT

A.1 CONVERTING TO 24-HOUR TIME

Ex 1: Convert 11:30 AM to 24-hour time:

11:30

Answer:

• Check the period: It's AM, so keep the hours as they are.

• Write the time: 11 h + 30 min = 11 : 30.

• Final answer: **11:30**.

Ex 2: Convert $6:15\,\mathrm{PM}$ to 24-hour time:

18:15

Answer:

• Check the period: It's PM, so add 12 hours to the time.

• Add the hours: 6 h + 12 h = 18 h.

• Include the minutes: 18 h + 15 min = 18:15.

• Final answer: **18:15**.

Ex 3: Convert $10:40\,\mathrm{PM}$ to 24-hour time:

22:40

Answer:

• Check the period: It's PM, so add 12 hours to the time.

• Add the hours: 10 h + 12 h = 22 h.

• Include the minutes: 22 h + 40 min = 22 : 40.

• Final answer: **22:40**.

Ex 4: Convert 8:30 AM to 24-hour time:

08:30

Answer:

• Check the period: It's AM, so keep the hours as they are (add a zero before single digits).

• Write the time: 8 h + 30 min = 08 : 30.

• Final answer: **08:30**.

Ex 5: Convert 1:20 PM to 24-hour time:

13:20

Answer:

• Check the period: It's PM, so add 12 hours to the time.

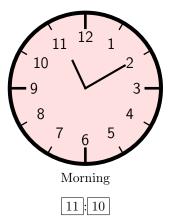
• Add the hours: 1 h + 12 h = 13 h.

• Include the minutes: 13 h + 20 min = 13 : 20.

• Final answer: **13:20**.

A.2 READING CLOCK TIME IN 24-HOUR FORMAT

Ex 6: What is this clock time in 24-hour format?



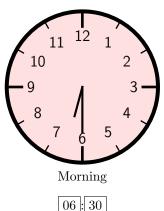
Answer

• Check the time of day: It's morning (AM), so keep the hours as shown.

• Read the clock: 11 h + 10 min.

• Write in 24-hour format: 11:10.

Ex 7: What is this clock time in 24-hour format?



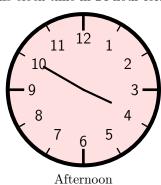
Answer:

• Check the time of day: It's morning (AM), so keep the hours (add a zero since it's before 10).

• Read the clock: 6 h + 30 min.

• Write in 24-hour format: **06:30**.

Ex 8: What is this clock time in 24-hour format?



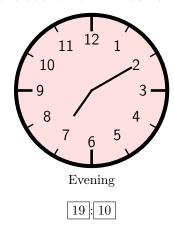
Answer:

• Check the time of day: It's afternoon (PM), so add 12 hours.

• Read the clock and adjust: 3 h + 12 h = 15 h, plus 50 min.

• Write in 24-hour format: **15:50**.

Ex 9: What is this clock time in 24-hour format?



Answer:

• Check the time of day: It's evening (PM), so add 12 hours.

• Read the clock and adjust: 7h + 12h = 19h, plus 10 min.

• Write in 24-hour format: **19:10**.

B UNITS OF TIME

B.1 CHOOSING THE RIGHT UNITS OF TIME

MCQ 10: Which unit would you use to measure the time it takes to clean up the classroom after a project?

Check one answer:

 \square seconds

□ hours

 \square weeks

Answer: The best unit is minutes, because cleaning a classroom usually takes a short amount of time, more than seconds but less than hours.

MCQ 11: Which unit would you use to measure the time it Ex 16: Convert 3 hours 20 minutes to minutes: takes to run 100 meters?

Check one answer:

 \boxtimes seconds

 \square minutes

□ hours

□ years

Answer: The best unit is **seconds**, because running 100 meters is a very quick event.

Which unit would you use to measure the travel MCQ 12: time from Earth to Mars?

Check one answer:

 \square seconds

 \square minutes

□ hours

Answer: The best unit is years, because traveling to Mars takes a very long time, much more than days or weeks.

MCQ 13: Which unit would you use to measure the time it takes to boil an egg?

Check one answer:

 \square seconds

□ hours

□ days

Answer: The best unit is **minutes**, because boiling an egg takes a few minutes, not just seconds or as long as hours.

C CONVERTING UNITS OF TIME

C.1 CONVERTING UNITS OF TIME

Ex 14: Convert 1 hour 45 minutes to minutes:

$$1 \text{ h } 45 \text{ min} = \boxed{105} \text{ min}$$

Answer:

$$1 \text{ h} 45 \min = 1 \times 60 \min + 45 \min$$

= $60 \min + 45 \min$
= $105 \min$

Ex 15: Convert 2 hours 30 minutes to minutes:

$$2 \text{ h } 30 \text{ min} = \boxed{150} \text{ min}$$

Answer:

$$2 h 30 min = 2 \times 60 min + 30 min$$

= $120 min + 30 min$
= $150 min$

$$3 \text{ h } 20 \text{ min} = \boxed{200} \text{ min}$$

Answer.

$$3 h 20 min = 3 \times 60 min + 20 min$$

= $180 min + 20 min$
= $200 min$

Ex 17: Convert 4 hours 15 minutes to minutes:

4 h 15 min =
$$255$$
 min

Answer:

$$4 \text{ h } 15 \min = 4 \times 60 \min + 15 \min$$

= $240 \min + 15 \min$
= $255 \min$

Ex 18: Convert 2 minutes 15 seconds to seconds:

$$2 \min 15 s = \boxed{135} s$$

Answer:

$$2 \min 15 s = 2 \times 60 s + 15 s$$

= $120 s + 15 s$
= $135 s$

Ex 19: Convert 3 minutes 40 seconds to seconds:

$$3 \min 40 s = \boxed{220} s$$

Answer:

$$3 \min 40 s = 3 \times 60 s + 40 s$$

= $180 s + 40 s$
= $220 s$

Ex 20: Convert 5 minutes 25 seconds to seconds:

$$5 \min 25 s = \boxed{325} s$$

Answer:

$$5 \min 25 s = 5 \times 60 s + 25 s$$

= $300 s + 25 s$
= $325 s$

Ex 21: Convert 1 day + 5 hours to hours:

$$1 d + 5 h = 29 h$$

Answer:

$$1 d + 5 h = (1 \times 24 h) + 5 h$$

= $24 h + 5 h$
= $29 h$

Ex 22: Convert 2 days + 3 hours to hours:

$$2 d + 3 h = \boxed{51} h$$

Answer:

$$2 d + 3 h = (2 \times 24 h) + 3 h$$

= $48 h + 3 h$
= $51 h$

Ex 23: Convert 1 hour to seconds:

$$1 \text{ h} = \boxed{3600} \text{ s}$$

Answer:

$$1 h = 60 min$$

= $60 \times 60 s$
= $3600 s$

Ex 24: Convert 2 hours to seconds:

$$2 \text{ h} = \boxed{7200 \text{ s}}$$

Answer:

$$2 h = 2 \times 60 \min$$
$$= 2 \times 60 \times 60 s$$
$$= 7200 s$$

Ex 25: Convert 1 day to minutes:

$$1 d = \boxed{1440} \min$$

Answer:

$$1 d = 24 h$$

= $24 \times 60 min$
= $1440 min$

C.2 CONVERTING INTO MIXED UNITS

Ex 26: Convert 140 seconds into minutes and seconds:

$$140 \; s = \boxed{2} \; min \, + \boxed{20} \; s$$

Answer: Divide 140 by 60 (since 1 minute = 60 seconds):

$$\begin{array}{r}
 2 \\
 60 \overline{\smash{\big)}\, 140} \\
 \underline{120} \\
 20
\end{array}$$

Quotient is 2, remainder is 20, so:

$$140 s = (2 \times 60 s) + 20 s$$

= $2 min + 20 s$

Ex 27: Convert 190 seconds into minutes and seconds:

$$190 \text{ s} = \boxed{3} \min + \boxed{10} \text{ s}$$

Answer: Divide 190 by 60 (since 1 minute = 60 seconds):

$$\begin{array}{r}
3 \\
60) 190 \\
\underline{180} \\
10
\end{array}$$

Quotient is 3, remainder is 10, so:

$$190 s = (3 \times 60 s) + 10 s$$

= $3 min + 10 s$

Ex 28: Convert 395 seconds into minutes and seconds:

$$395 \; s = \boxed{6} \; min \, + \boxed{35} \; s$$

Answer: Divide 395 by 60 (since 1 minute = 60 seconds):

$$\begin{array}{r}
 60 \overline{\smash{\big)}\,395} \\
 360 \\
 \hline
 35
 \end{array}$$

Quotient is 6, remainder is 35, so:

$$395 s = (6 \times 60 s) + 35 s$$

= $6 \min + 35 s$

Ex 29: Convert 680 minutes into hours and minutes:

680 min =
$$\boxed{11}$$
 h + $\boxed{20}$ min

Answer: Divide 680 by 60 (since 1 hour = 60 minutes):

$$\begin{array}{r}
11 \\
60 \overline{\smash{\big)}\,680} \\
\underline{60} \\
80 \\
\underline{60} \\
20
\end{array}$$

Quotient is 11, remainder is 20, so:

$$680 \min = (11 \times 60 \min) + 20 \min$$

= 11 h + 20 min

Ex 30: Convert 800 minutes into hours and minutes:

800 min =
$$\boxed{13}$$
 h + $\boxed{20}$ min

Answer: Divide 800 by 60 (since 1 hour = 60 minutes):

$$\begin{array}{r}
 13 \\
 60 \overline{\smash{\big)}\,800} \\
 \underline{60} \\
 \overline{200} \\
 \underline{180} \\
 20
\end{array}$$

Quotient is 13, remainder is 20, so:

$$800 \min = (13 \times 60 \min) + 20 \min$$

= $13 \text{ h} + 20 \min$

Ex 31: Convert 50 hours into days and hours:

$$50\;h = \boxed{2}\;d + \boxed{2}\;h$$

Answer: Divide 50 by 24 (since 1 day = 24 hours):

$$\begin{array}{r}
2 \\
24 \overline{\smash{\big)}\,50} \\
\underline{48} \\
2
\end{array}$$

Quotient is 2, remainder is 2, so:

$$50 h = (2 \times 24 h) + 2 h$$

= $2 d + 2 h$

C.3 SOLVING TIME WORD PROBLEMS

Ex 32: Emily has to prepare 42 sandwiches for a party. It takes her 2 minutes to make each sandwich. How long will it take to prepare all the sandwiches?

Answer:

• Find the total time in minutes:

 $42 \, \text{sandwiches} \times 2 \, \text{min per sandwich} = 84 \, \text{min}$

• Convert 84 minutes into hours and minutes:

$$\begin{array}{r}
 \frac{1}{60} \\
 \frac{60}{24}
\end{array}$$

Quotient is 1, remainder is 24, so:

$$84 \min = (1 \times 60 \min) + 24 \min$$

= $1 + 24 \min$

• So, Emily needs 1 hour and 24 minutes.

Ex 33: Amir needs to wrap 80 gifts for a community charity event. It takes him 3 minutes to wrap each gift. How long will it take to wrap all the gifts?

Answer:

• Find the total time in minutes:

$$80 \, \text{gifts} \times 3 \, \text{min per gift} = 240 \, \text{min}$$

• Convert 240 minutes into hours:

$$\begin{array}{r}
 4 \\
 60 \overline{\smash{\big)}\,240} \\
 \underline{240} \\
 0
\end{array}$$

Quotient is 4, remainder is 0, so:

$$240 \min = 4 \times 60 \min$$
$$= 4 \text{ h}$$

• So, Amir needs 4 hours.

Ex 34: Martin needs to write 75 invitations for a wedding. It takes him 3 minutes to write each invitation. How long will it take to write all the invitations?

Answer:

• Find the total time in minutes:

 $75 \text{ invitations} \times 3 \text{ min per invitation} = 225 \text{ min}$

• Convert 225 minutes into hours and minutes:

$$\begin{array}{r}
 3 \\
 60 \overline{\smash{\big)}\,225} \\
 \underline{180} \\
 45
 \end{array}$$

Quotient is 3, remainder is 45, so:

$$225 \min = (3 \times 60 \min) + 45 \min$$

= $3 h + 45 \min$

• So, Martin needs 3 hours and 45 minutes.

Ex 35: Su needs to prepare 60 cupcakes for a school event. It takes her 5 minutes to prepare each cupcake. How long will it take to prepare all the cupcakes?

5 hours

Answer:

• Find the total time in minutes:

 $60 \,\mathrm{cupcakes} \times 5 \,\mathrm{min} \,\mathrm{per} \,\mathrm{cupcake} = 300 \,\mathrm{min}$

• Convert 300 minutes into hours:

$$\begin{array}{r}
 5 \\
 60 \overline{\smash{\big)}\,300} \\
 \underline{300} \\
 \hline
 0
\end{array}$$

Quotient is 5, remainder is 0, so:

$$300 \min = 5 \times 60 \min$$
$$= 5 h$$

• So, Su needs 5 hours.

D ADDING AND SUBTRACTING TIME

D.1 ADDING TIME

Ex 36: Add 3 hours 25 minutes and 2 hours 15 minutes:

3 h 25 min + 2 h 15 min =
$$\boxed{5}$$
 h $\boxed{40}$ min

Answer:

- Add the minutes: $25 \min + 15 \min = 40 \min$
- Add the hours: 3h + 2h = 5h
- Combine and solve:

$$3 h 25 \min + 2 h 15 \min = (3 h + 2 h) + (25 \min + 15 \min)$$

= $5 h + 40 \min$
= $5 h 40 \min$

Ex 37: Add 1 hour 45 minutes and 3 hours 30 minutes:

1 h 45 min + 3 h 30 min =
$$\boxed{5}$$
 h $\boxed{15}$ min

Answer:

- Add the minutes: $45 \min + 30 \min = 75 \min$
- Convert extra minutes: $75 \min = 60 \min + 15 \min = 1 \text{ h} + 15 \min$
- Add the hours: 1 h + 3 h + 1 h = 5 h

• Combine and solve:

$$1 h 45 \min + 3 h 30 \min = (1 h + 3 h) + (45 \min + 30 \min)$$

$$= 4 h + 75 \min$$

$$= 4 h + 60 \min + 15 \min$$

$$= (4 h + 1 h) + 15 \min$$

$$= 5 h 15 \min$$

 \mathbf{Ex} 38: Add 2 minutes 35 seconds and 10 minutes 50 seconds:

$$2 \min 35 s + 10 \min 50 s = \boxed{13} \min \boxed{25} s$$

Answer:

- Add the seconds: 35 s + 50 s = 85 s
- Convert extra seconds: 85 s = 60 s + 25 s = 1 min + 25 s
- Add the minutes: $2 \min + 10 \min + 1 \min = 13 \min$
- Combine and solve:

$$2 \min 35 s + 10 \min 50 s = (2 \min + 10 \min) + (35 s + 50 s)$$

$$= 12 \min + 85 s$$

$$= 12 \min + 60 s + 25 s$$

$$= (12 \min + 1 \min) + 25 s$$

$$= 13 \min 25 s$$

Ex 39: Add 5 minutes 20 seconds and 7 minutes 45 seconds:

$$5 \min 20 s + 7 \min 45 s = \boxed{13} \min \boxed{5} s$$

Answer:

- Add the seconds: 20 s + 45 s = 65 s
- Convert extra seconds: 65 s = 60 s + 5 s = 1 min + 5 s
- Add the minutes: $5 \min + 7 \min + 1 \min = 13 \min$
- Combine and solve:

$$5 \min 20 s + 7 \min 45 s = (5 \min + 7 \min) + (20 s + 45 s)$$

= $12 \min + 65 s$
= $12 \min + 60 s + 5 s$
= $(12 \min + 1 \min) + 5 s$
= $\mathbf{13 \min 5 s}$

D.2 SUBTRACTING TIME

Ex 40: Subtract 3 hours 15 minutes from 5 hours 30 minutes:

5 h 30 min - 3 h 15 min =
$$\boxed{2}$$
 h $\boxed{15}$ min

Answer:

- Subtract the minutes: $30 \min 15 \min = 15 \min$
- Subtract the hours: 5 h 3 h = 2 h
- Combine and solve:

$$5 h 30 min - 3 h 15 min = (5 h - 3 h) + (30 min - 15 min)$$

= $2 h + 15 min$
= $2 h 15 min$

Ex 41: Subtract 2 hours 20 minutes from 7 hours 45 minutes:

7 h 45 min - 2 h 20 min =
$$\boxed{5}$$
 h $\boxed{25}$ min

Answer:

• Subtract the minutes: $45 \min - 20 \min = 25 \min$

• Subtract the hours: 7 h - 2 h = 5 h

• Combine and solve:

$$7 \text{ h } 45 \min - 2 \text{ h } 20 \min = (7 \text{ h} - 2 \text{ h}) + (45 \min - 20 \min)$$

= $5 \text{ h} + 25 \min$
= $5 \text{ h } 25 \text{ min}$

Ex 42: Subtract 50 minutes from 2 hours 10 minutes:

2 h 10 min - 50 min =
$$\boxed{1}$$
 h $\boxed{20}$ min

Answer:

- Subtract the minutes: $10 \min < 50 \min$, so borrow 1 hour $(60 \min)$: $2 \ln 10 \min = 1 \ln + 60 \min + 10 \min = 1 \ln 70 \min$, then $70 \min 50 \min = 20 \min$
- Subtract the hours: 1h 0h = 1h (no hours to subtract)
- Combine and solve:

$$2 h 10 min - 50 min = 1 h + 70 min - 50 min$$

= $1 h + 20 min$
= $1 h 20 min$

Ex 43: Subtract 1 hour 20 minutes from 3 hours 10 minutes:

$$3 \text{ h } 10 \text{ min} - 1 \text{ h } 20 \text{ min} = \boxed{1} \text{ h} \boxed{50} \text{ min}$$

Answer:

- Subtract the minutes: $10 \min < 20 \min$, so borrow 1 hour (60 min): $3 h 10 \min = 2 h + 70 \min$, then $70 \min 20 \min = 50 \min$
- Subtract the hours: 2h 1h = 1h
- Combine and solve:

$$3 h 10 min - 1 h 20 min = (2 h + 70 min) - (1 h + 20 min)$$

= $(2 h - 1 h) + (70 min - 20 min)$
= $1 h + 50 min$
= $1 h 50 min$

E TIME PROBLEMS

E.1 FINDING TIME DURATIONS

Ex 44: I start playing basketball at 13:10 and finish at 15:20 in 24-hour format. How long did I play?

Answer:

- We subtract the start time from the finish time to find the duration of play.
- Subtract the minutes: $20 \min 10 \min = 10 \min$.
- Subtract the hours: 15 h 13 h = 2 h.
- Combine and solve:

$$15: 20 - 13: 10 = (15 h - 13 h) + (20 min - 10 min)$$

= $2 h + 10 min$
= $2 h 10 min$

Ex 45: I start a cooking class at 10:45 and finish at 12:30 in 24-hour format. How long did the class last?

Answer

- We subtract the start time from the finish time to find the duration of the class.
- Subtract the minutes: $30 \min 45 \min$ is not possible, so borrow 1 hour $(60 \min)$: $12 \ln 30 \min = 11 \ln 90 \min$, then $90 \min 45 \min = 45 \min$.
- Subtract the hours: 11 h 10 h = 1 h.
- Combine and solve:

$$12:30 - 10:45 = (12 h - 10 h) + (30 min - 45 min)$$

$$= 11 h + 90 min - 10 h - 45 min$$

$$= (11 h - 10 h) + 45 min$$

$$= 1 h + 45 min$$

$$= 1 h 45 min$$

Ex 46: Albert Einstein was born in 1879. He published his theory of special relativity in 1905. How old was he when he invented this theory?

Answer:

- We subtract the birth year from the year of invention to find his age.
- Subtract the years:

$$\begin{array}{r}
1 \ 9 \ 10 \ 15 \\
-1 \ 18 \ 17 \ 9 \\
\hline
2 \ 6
\end{array}$$

• He was 26 years old.

Ex 47: Leonardo da Vinci was born in 1452. He began painting the Mona Lisa in 1503. How old was he when he started this painting?

51 years

08:40

- We subtract the birth year from the year he began painting to find his age.
- Subtract the years:

$$\begin{array}{r} 1\ 5\ 10\ 3 \\ -1\ 14\ 5\ 2 \\ \hline 5\ 1 \end{array}$$

• He was 51 years old.

E.2 SOLVING TIME WORD PROBLEMS

Ex 48: Louis starts his homework at 15:30. He spends 1 hour and 45 minutes on math. What time does Louis finish his homework in 24-hour format?

Answer:

- Add the minutes: $30 \min + 45 \min = 75 \min$
- Convert extra minutes: $75 \min = 60 \min + 15 \min = 1 \text{ h} + 15 \min$
- Add the hours: 15 h + 1 h + 1 h = 17 h
- Combine and solve:

$$15:30 + 1 h 45 \min = (15 h + 1 h) + (30 \min + 45 \min)$$

$$= 16 h + 75 \min$$

$$= 16 h + 60 \min + 15 \min$$

$$= (16 h + 1 h) + 15 \min$$

$$= 17:15$$

Ex 49: A train departs from the station at 09:40. The journey takes 2 hours and 35 minutes. What time does the train arrive at its destination in 24-hour format?

Answer:

- Add the minutes: $40 \min + 35 \min = 75 \min$
- Convert extra minutes: $75 \min = 60 \min + 15 \min = 1 \text{ h} + 15 \min$
- Add the hours: 9 h + 2 h + 1 h = 12 h
- Combine and solve:

$$09: 40 + 2 h 35 \min = (9 h + 2 h) + (40 \min + 35 \min)$$

$$= 11 h + 75 \min$$

$$= 11 h + 60 \min + 15 \min$$

$$= (11 h + 1 h) + 15 \min$$

$$= 12:15$$

Ex 50: Su goes to the cinema. The movie starts at 09:15. The travel time from her house is 35 minutes. What time does Su need to leave in 24-hour format?

- Answer:
 - To find the departure time, we subtract the travel time from the movie start time because Su needs to arrive by 09:15, and the travel time tells us how long it takes her to get there. Subtracting gives us the time she must leave to be on time!
 - Subtract the minutes: $15 \min < 35 \min$, so borrow 1 hour $(60 \min)$: $9 \ln 15 \min = 8 \ln +60 \min +15 \min = 8 \ln 75 \min$, then $75 \min -35 \min = 40 \min$
 - Subtract the hours: 8h 0h = 8h (no hours to subtract)
 - Combine and solve:

$$09:15 - 35 \min = 8 h + 75 \min - 35 \min$$

= $8 h + 40 \min$
= $\mathbf{08:40}$

Ex 51: A train arrives at the station at 14:50. The trip takes 1 hour and 25 minutes. What time did the train depart in 24-hour format?

Answer:

- We subtract the trip time from the arrival time to find the departure time, since the trip duration tells us how long it took to get there.
- Subtract the minutes: $50 \min 25 \min = 25 \min$
- Subtract the hours: 14 h 1 h = 13 h
- Combine and solve:

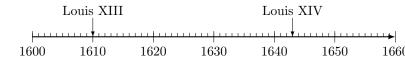
$$14:50 - 1 \text{ h } 25 \text{ min} = (14 \text{ h} - 1 \text{ h}) + (50 \text{ min} - 25 \text{ min})$$

= $13 \text{ h} + 25 \text{ min}$
= $\mathbf{13:25}$

F TIMELINES

F.1 READING DATES ON A TIMELINE

Ex 52: This timeline shows monarchs of France in the 17th century:



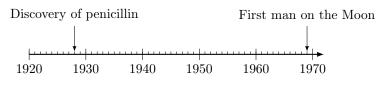
When did Louis XIII begin his reign?

In the year 1610

Answer:

Look at the timeline: Louis XIII's name points to 1610.
This marks the start of his reign.

Ex 53: This timeline shows major scientific discoveries in the 20th century:



When was penicillin discovered?

• Final answer: **1610**.

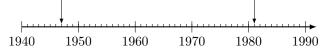
In the year $\boxed{1928}$

Answer:

- Look at the timeline: "Discovery of penicillin" points to 1928.
- This is the year it happened.
- Final answer: **1928**.

Ex 54: This timeline shows key computing advancements in the 20th century:

Invention of the transistor Introduction of the personal computer $_{Answer:}$



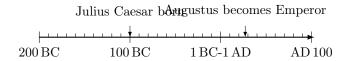
When was the transistor invented?

In the year 1947

Answer:

- Look at the timeline: "Invention of the transistor" points to 1947
- This is the year it was invented.
- Final answer: **1947**.

MCQ 55: This timeline shows key dates in Roman history:



When was Julius Caesar born?

Choose one answer:

□ 200 BC

⊠ 100 BC

 \square 27 AD

□ 500 AD

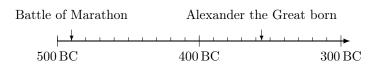
Answer:

• Look at the timeline: "Julius Caesar born" points to 100 BC.

• This is his birth year.

• Final answer: 100 BC.

MCQ 56: This timeline shows key events in ancient Greek history:



When was Alexander the Great born?
Choose one answer:

□ 500 BC

□ 490 BC

⊠ 356 BC

 \square 345 BC

 \bullet Look at the timeline: "Alexander the Great born" points to 356 BC.

• This is his birth year.

• Final answer: 356 BC.