

A UNITS OF TIME

A.1 CHOOSING THE RIGHT UNITS OF TIME

MCQ 1: Which unit would you use to measure the time it takes to run 100 meters?

Check one answer:

- ☐ Seconds
- ☐ Minutes
- ☐ Hours
- ☐ Days
- ☐ Weeks
- ☐ Months
- ☐ Years

MCQ 2: Which unit would you use to measure the time it takes to clean up your bedroom?

Check one answer:

- ☐ Seconds
- ☐ Minutes
- ☐ Hours
- ☐ Days
- ☐ Weeks
- ☐ Months
- ☐ Years

MCQ 3: Which unit would you use to measure your age?

Check one answer:

- ☐ Seconds
- ☐ Minutes
- ☐ Hours
- ☐ Days
- ☐ Weeks
- ☐ Months
- ☐ Years

MCQ 4: Which unit would you use to measure the time it takes to watch a movie?

Check one answer:

- ☐ Seconds
- ☐ Minutes
- ☐ Hours
- ☐ Days


MCQ 5: Which unit would you use to measure the time it takes to go on a family camping trip?

Check one answer:


- ☐ Seconds
- ☐ Minutes
- ☐ Hours
- ☐ Days

B CONVERTING UNITS OF TIME


B.1 CONVERTING UNITS OF TIME FROM BIGGER TO SMALLER

Ex 6:  Convert 2 hours to minutes:

$$2 \text{ h} = \boxed{} \text{ min}$$

Ex 7:  Convert 3 days to hours:

$$3 \text{ d} = \boxed{} \text{ h}$$

Ex 8:  Convert 5 minutes to seconds:

$$5 \text{ min} = \boxed{} \text{ s}$$

Ex 9:  Convert 2 weeks to days:

$$2 \text{ wk} = \boxed{} \text{ d}$$


B.2 CONVERTING UNITS OF TIME FROM SMALLER TO BIGGER

Ex 10:  Convert 120 seconds to minutes:

$$120 \text{ s} = \boxed{} \text{ min}$$

Ex 11:  Convert 24 hours to days:

$$24 \text{ h} = \boxed{} \text{ d}$$

Ex 12:  Convert 180 minutes to hours:

$$180 \text{ min} = \boxed{} \text{ h}$$

Ex 13:  Convert 14 days to weeks:

$$14 \text{ d} = \boxed{} \text{ wk}$$

B.3 DIVIDING TIME

Ex 14: If you divide an hour into two equal periods, how many minutes is one half hour?

One half hour = minutes

Ex 15: If you divide an hour into four equal periods, how many minutes is one quarter hour?

One quarter hour = minutes

Ex 16: If you divide a day into two equal periods, how many hours is half of a day?

Half of a day = hours

C 24-HOUR TIME FORMAT

C.1 TELLING TIME THE 24-HOUR WAY

Ex 17: Your favorite show starts at 6:15 PM. What time is it in 24-hour time?

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Ex 18: You wake up at 7:45 AM for school. What time is it in 24-hour time?

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Ex 19: Your soccer game starts at 4:30 PM. What time is it in 24-hour time?

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Ex 20: You eat dinner at 7:00 PM. What time is it in 24-hour time?

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C.2 FINDING EVERYDAY TIME FROM 24-HOUR CLOCKS

Ex 21: You have breakfast at 07:30. What time is it?

: ☐ PM
☐ AM

Ex 22: Your art class starts at 14:45. What time is it?

: ☐ AM
☐ PM

Ex 23: You go to bed at 20:00. What time is it?

: ☐ AM
☐ PM

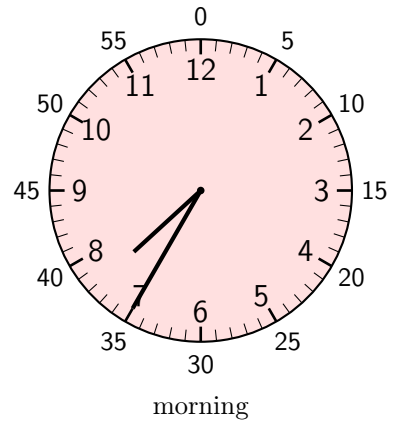
Ex 24: Your music lesson starts at 15:20. What time is it?

: ☐ AM
☐ PM

D READING CLOCK

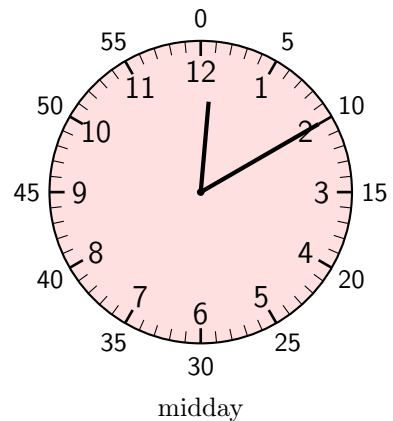
D.1 READING CLOCK

Ex 25: You leave for school at the time shown on this clock. What time is it?



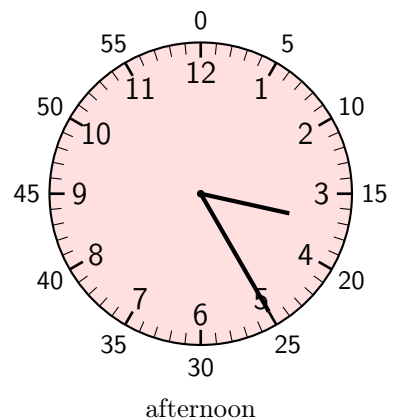
: ☐ PM
☐ AM

Ex 26: You eat lunch at the time shown on this clock. What time is it?



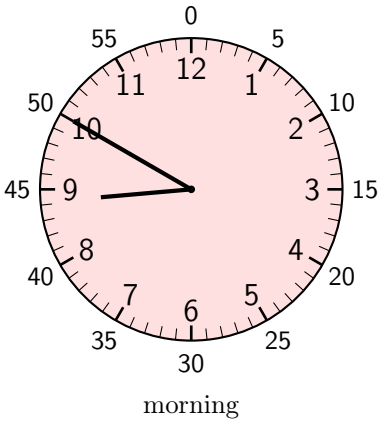
: ☐ AM
☐ PM

Ex 27: Your playtime starts at the time shown on this clock. What time is it?



: ☐ AM
☐ PM

Ex 28: You read a book at the time shown on this clock. What time is it?

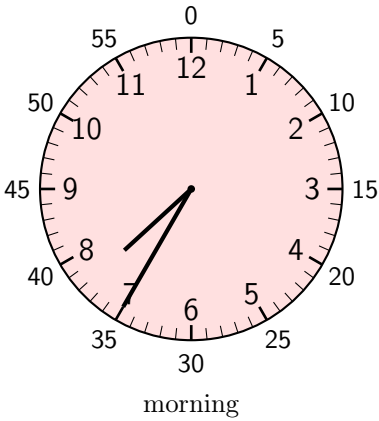


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☐ PM
☐ AM

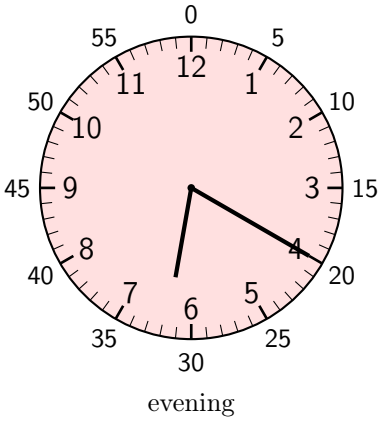
D.2 READING CLOCK FOR 24-HOUR TIME

Ex 29: You leave for school at the time shown on this clock. What time is it in 24-hour format?



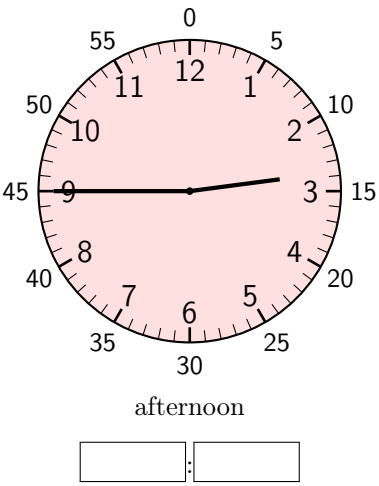
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Ex 30: You eat dinner at the time shown on this clock. What time is it in 24-hour format?



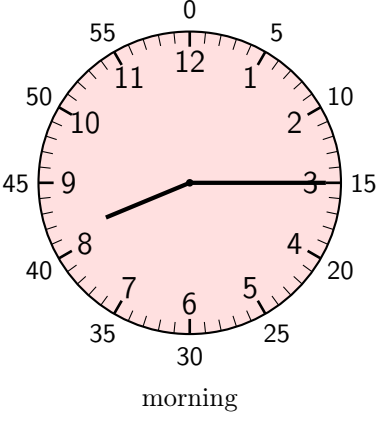
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Ex 31: Your art class starts at the time shown on this clock. What time is it in 24-hour format?



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Ex 32: You have breakfast at the time shown on this clock. What time is it in 24-hour format?



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